MY NONA MANIS

Choreographed by Jos Slijpen

32 count,4-wall beginner/easy intermediate line dance
Music: Goodbye To You, My Nona Manis – Danny Everett (112 bpm)

Intro: 16 counts

RUMBA BOX WITH TOUCH

1-2 Step Right to right side, step Left together
3-4 Step forward Right, touch Left beside Right
5-6 Step Left to left side, step Right together
7-8 Step Left back, touch Right beside Left

STEP, SLIDE, ¼ TURN RIGHT, HOLD, FORWARD LEFT, PIVOT ½ TURN RIGHT, FORWARD LEFT, HOLD

1-2 Step Right to right side, slide Left beside Right
3-4 Make ¼ turn right stepping forward on Right, hold [3]
5-6 Step forward Left, pivot ½ turn right [9]
7-8 Step forward Left, hold

FULL TURN LEFT, FORWARD RIGHT, HOLD, FORWARD LEFT, PIVOT ¼ TURN RIGHT, CROSS

1-2 Make ½ turn left stepping back on Right, make ½ turn left stepping forward on Left
Easier option:. Walk forward with Right and Left
3-4 Step forward Right, hold
5-6 Step forward Left, pivot ¼ turn right [12]
7-8 Cross step Left over Right, hold

SIDE ROCK RIGHT, RECOVER, CROSS, HOLD, SIDE ROCK LEFT, RECOVER WITH ¼ TURN RIGHT, FORWARD LEFT, HOLD

1-2 Rock Right out to right side, recover weight on Left
3-4 Cross step Right over Left, hold
5-6 Rock Left out to left side, make ¼ turn right and recover weight on Right [3]
7-8 Step forward Left, hold

Start again