

MAMBO ROCK

Choreographed by: Jos Slijpen (NL)

32 count, 4-wall Beginner/Intermediate Line dance
Music: Mambo Rock – Bill Haley & The Comets (84 bpm). Album: Very Best Of
Alternative music: Mambo no. 5 – Lou Bega (single)

Intro: 32 counts

MAMBO RIGHT, MAMBO LEFT, MAMBO FORWARD, MAMBO BACK

1&2 Rock step Right to right side, recover weight on Left, step Right beside Left

3&4 Rock step Left to left side, recover weight on Right, step Left beside Right

5&6 Rock step Right forward, recover weight on Left, step Right beside Left

7&8 Rock step Left back, recover weight on Right, step Left beside Right

4x PADDLE 1/8 TURN LEFT, MAMBO FORWARD, MAMBO LEFT

1&2& Step forward Right, pivot 1/8 turn left, Step forward Right, pivot 1/8 turn left

3&4& Step forward Right, pivot 1/8 turn left, step Right, pivot 1/8 turn left

5&6 Rock step forward Right, recover weight on Left, step Right beside Left

7&8 Rock step Left to left side, recover weight on Right, step Left beside Right

¼ TURN COASTER STEP, LOCK SHUFFLE FORWARD LEFT, PIVOT ¼ TURN LEFT & CROSS, SIDE ROCK & CROSS

1&2 Make ¼ turn left and step back on Right, step Left beside Right, step forward Right

3&4 Step forward Left, cross Right behind Left, step forward Left

5&6 Step forward Right, pivot ¼ turn left, cross Right over Left

7&8 Step Left to left side, recover weight on Right, cross Left over Right

RIGHT SHUFFLE WITH ¼ TURN RIGHT, LEFT TRIPLE ½ TURN RIGHT, MAMBO BACK, LOCK SHUFFLE FORWARD

1&2 Step Right to right side, step Left beside Right, make ¼ turn right stepping Right forward

3&4 Make ½ turn right stepping Left-Right-Left

5&6 Step back on Right, recover weight on Left, step forward Right

7&8 Step forward Left, cross Right behind Left, step forward Left

Option: on counts 7&8 make full turn forward stepping Left-Right-Left

Start again