

AMAMBANDA

Choreographed by Jos Slijpen & Thea Ottenheim

32 count, 4-Wall intermediate line dance

Music: Amambanda by Treble (104 bpm). Single (Eurovision song contest 2006)

Start on verse (after app. 19 sec.)

SKATE RIGHT, SKATE LEFT, FORWARD SHUFFLE RIGHT, STEP, PIVOT $\frac{3}{4}$ TURN RIGHT, $\frac{1}{2}$ TURN SHUFFLE RIGHT

1-2 Skate forward Right, skate forward Left

3&4 Step forward Right, step Left beside Right, step forward Right

5-6 Step forward Left, pivot $\frac{3}{4}$ turn right [9]

7&8 Step forward Right making $\frac{1}{4}$ turn right, step Left beside Right, make $\frac{1}{4}$ turn right stepping back on Left [3]

ROCK BACK, RECOVER, SHUFFLE $\frac{1}{2}$ TURN LEFT, ROCK BACK, RECOVER, SHUFFLE $\frac{1}{2}$ TURN RIGHT

1-2 Rock back Right and bend left knee forward, recover weight on Left

3&4 Shuffle $\frac{1}{2}$ turn left stepping Right-Left-Right [9]

5-6 Rock back Left and bend right knee forward, recover weight on Right

7&8 Shuffle $\frac{1}{2}$ turn right stepping Left-Right-Left [3]

SWEEP RIGHT BEHIND, SIDE STEP LEFT, CROSS ROCK, RECOVER, $\frac{1}{4}$ TURN RIGHT, FORWARD FULL TURN, FORWARD SHUFFLE LEFT

1-2 Sweep Right round and behind Left, step Left to left side

3&4 Cross rock Right over Left, recover weight on Left, make $\frac{1}{4}$ turn right stepping forward on Right [6]

5-6 Make $\frac{1}{2}$ turn right stepping back on Left, make $\frac{1}{2}$ turn right stepping forward on Right

7&8 Step forward Left, step Right beside Left, step forward Left

KICK, $\frac{1}{4}$ TURN RIGHT WITH KICK, COASTER STEP, STEP, PIVOT $\frac{1}{2}$ TURN RIGHT, FORWARD SHUFFLE LEFT

1-2 Kick forward Right, on ball of Left make $\frac{1}{4}$ turn right and kick Right forward [9]

3&4 Step back Right, step Left beside Right, step forward Right

5-6 Step forward Left, pivot $\frac{1}{2}$ turn right [3]

7&8 Step forward Left, step Right beside Left, step forward Left

Start again