

10 Years Of My Life

Choreographed by Jos Slijpen

32 count, 4-Wall easy intermediate Line dance

Choreographed to 'Three Words, Two Heart, One Night' by Mark Collie from his album 'Tennessee Plates' (127 bpm).

Note: On walls 1, 5 and 9 (you're facing each time 12.00 o'clock wall) the first 8 counts must be replaced, then continue with section 2 (Cross shuffle). For the other walls dance full 32 counts.

FORWARD LOCK SHUFFLE, SIDE ROCK, RECOVER, FORWARD LOCK SHUFFLE, SIDE ROCK, RECOVER

- 1&2 Step forward Right, lock step Left behind Right, step forward Right
- 3-4 Rock Left out to left side, recover weight on Right
- 5&6 Step forward Left, lock step Right behind Left, step forward Left
- 7-8 Rock Right out to right side, recover weight on Left

CROSS SHUFFLE RIGHT, SIDE ROCK, RECOVER ¼ TURN RIGHT, FORWARD SHUFFLE LEFT, FULL TURN LEFT

- 1&2 Cross step Right over Left, step Left to left side, cross step Right over Left
- 3-4 Rock Left out to left side, turning 1/4 right recover weight on Right [3]
- 5&6 Step forward Left, step Right together, step forward Left
- 7-8 1/2 turn left stepping back on Right, 1/2 left stepping forward on Left

FORWARD SHUFFLE RIGHT, ½ TURN RIGHT, HOLD WITH CLAP (x3)

- 1&2 Step forward Right, step Left together, step forward Right
- 3-4 Make 1/2 turn right stepping back on Left, hold with clap
- 5-6 Make 1/2 turn right stepping forward on Right, hold with clap
- 7-8 Make 1/2 turn right stepping back on Left, hold with clap [9]

COASTER STEP, FORWARD WALKS, FORWARD SHUFFLE LEFT, SIDE ROCK RIGHT, RECOVER

- 1&2 Step back Right, step Left together, step forward Right
- 3-4 Step forward Left, step forward Right
- 5&6 Step forward Left, step Right together, step forward Left
- 7-8 Rock Right out to right side, recover weight on Left [9]

Start again and enjoy!

REPLACE

During walls 1, 5 and 9 replace first 8 counts with the following:

2X STOMP UP, 1X STOMP UP

After you hear the words 'Three Words' – stomp Right twice

After you hear the words 'Two Hearts' – stomp Right once

Then continue with section 2 (Cross Shuffle) when you hear the words 'One Night Together'